



**महाराष्ट्र आरोग्य विज्ञान विद्यापीठ**  
**MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES**

वणी रोड, म्हस्रुळ, नाशिक-४२२००४

**Vani Road, Mhasrul, Nashik-422004**

**Dr. A. N. Suryakar**

Ph.D. FACBI

**Registrar**

Phone : 0253-2531837, EPABX:0253-2539100/300, Fax:0253-2539195

E-mail: pgacademic@muhsnashik.com / Web: www.muhsnashik.com

Ph. No. : 0253-2539292

No. MUHS/E-1/PG/669/10

Date : 13/04/2010

## **PG ACADEMIC NOTIFICATION NO. 09/2010**

### ***“Addition of component IYCN in curriculum of Postgraduate Course under Faculty of Medicine” (FROM ACADEMIC YEAR 2010-2011)***

***Ref: Academic Council Resolution No. 226/2009 dated 19/12/2009.***

This is notified to all concerned that the matter of inclusion of component IYCN (Infant & Young Child Nutrition) was placed before Board of Studies & Faculty of Medicine meeting held in the month of Oct 2009.

After deliberate discussion on this issue, the Faculty unanimously resolved to include component IYCN (Infant & Young Child Nutrition) in **Postgraduate Courses i.e. M.D. – Paediatrics, M.D. – Community Medicine, M.S. – Obstetrics & Gynaecology.**

The above recommendations were accepted by the Academic Council at its meeting held on 19/12/2009 & it was resolved to include component IYCN (Infant & Young Child Nutrition) in the aforesaid Postgraduate Courses which is **attached as Annexure ‘A’.**

The Dean / Principal of all affiliated Colleges/Institute are requested to apprise all concerned on the subject.

Sd/-  
**Registrar**

**IYCN Counseling Course Part I**

**Breastfeeding, Complementary Feeding & Feeding in  
Special Situations (e.g. HIV)  
Total Duration: 24 hours**

<b>Subject</b>	<b>Hours</b>
<b>Session 1: Pretest &amp; Preamble:</b> Definition of IYCN & Recommendations: IMR & USMR: Link between Mortality & Malnutrition: IYCN as the most effective intervention for reducing mortality: Exclusive Breast Feeding Scenario: Local situation including traditional & cultural practices, taboos & misunderstandings.	1 Hrs
<b>Session 2: Basic Information on IYCN :</b> FAQ: Support from Family & society: Newborn Caring Practices ; Baby Friendly Hospital: Complementary Feeding : LBW babies & Kangaroo Mother Care; HIV. IMS Act & Ethical Issues; Past & Current Efforts for IYCN Promotion, Breastfeeding in emergencies.	5 Hrs
<b>Session 3: Preparation for community Awareness Programmes:</b> Revision; Problem oriented approach for mother's Problems ; Dummy Practice for Pre-Delivery Counseling & Community Awareness.	2 Hrs
<b>Session 4: IYCN Counseling</b>	
Listening & Learning Skills: Theory and Exercises	0.5 Hrs
Listening & Learning Exercises	1.5 Hrs
Building Confidence & Giving Support: Theory	0.5 Hrs
Building Confidence & Giving support: Exercises	1.5 Hrs
Using and Documenting Counseling Skills and Preparation for Maternity Home Visit.	1 Hrs
<b>Session 5: field Visit 1: Maternity Home Visit:</b> Counseling Practice; Positioning & Attachment Skills: Expression of Breast Milk. Initiation by Breast Crawl; Baby Friendly Hospital Assessment.	3 Hrs
<b>Session 6A: Field Visit 2: Community Visit:</b> Nutrition History 0-3 yrs Age Group & Feedback	2 Hrs
<b>Session 6B; field Visit 3: Social Advocacy</b> for Adolescents. Pregnant & Lactating mothers, Senior Citizens, Working Mothers, Self Help Groups. Village Council etc.	2 Hrs
<b>Session 7: Pair Practice and Revision:</b> Pair Practice and Revision	2 Hrs
<b>Session 8 :</b> Post Test, Feedback & Action Plan	2 Hrs
<b>Total</b>	<b>24 Hrs</b>