

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES



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★ **Fellowship Course** ★

Title of the Course:

**“Post Graduate Fellowship Course in
Panchakarma (12 Months)”**

SYLLABUS

Approved By :- BOS/Faculty & Academic Council

A) NAME OF THE COURSE:

P.G. "FELLOWSHIP COURSE IN PANCHAKARMA".

B) AIMS & OBJECTIVES OF THE COURSE:

- a) Course is useful for an Ayurvedic graduate to treat patients successfully.
- b) To produce confident & successful Panchakarma specialists.
- c) To propagate 'Panchakarma' in graduate of Ayurved.

C) DURATION:

The course will be of **12 months**. (2 semesters of 6 months each)

D) INTAKE CAPACITY:

Intake Capacity should be in proportion with beds in hospital (that is hospital bed availability as shown below)

Upto 150 beds –25 seats

For 150 to 200 beds & more – 50 seats (Maximum).

For 100 admissions Physibility will be observed on the basis of no of beds, occupancy, No of precedence's, No of faculties (Senior) available.

Reservation policy and admission procedure must be observed as per State Govt. of Maharashtra.

E) FEE STRUCTURE : Fee structure is given separately.

F) ELIGIBILITY OF STUDENT FOR ADMISSION:

University degree of B.A.M.S. recognized by any State Govt. & CCIM.

The candidate will not be allowed to join any other course(Degree/ PG degree/ Certificate/ Diploma) simultaneously

G) ELIGIBILITY OF THE TEACHER ALONG WITH THE REQUIREMENT FOR NUMBER OF TEACHERS TO CONDUCT THE COURSE:

Approved teachers of Panchakarma by M.U.H.S. minimum 1 teacher.

Up to 25 Students	1 Teacher
26 To 50 Students	2 Teacher

H) PARA MEDICAL STAFF REQUIRED AS PER INTAKE FOR THE COURSE:

Minimum – 2.

I) NON – TEACHING STAFF REQUIRED AS PER INTAKE FOR THE COURSE:

1. One Coordinator
2. One Clerk
3. One Peon

J) ACADEMIC CALENDER:

S.No.	Content	Month
1	Admission process	May
2	First Semester will start from	June
3	End of First Semester	November
4	Second Semester will start from	December
5	End of Second Semester	May
6	Examination will start from	3 rd week of May
7	Declaration of Result	Last week of May

K) NUMBER OF LECTURES : 320

L) NUMBER OF PRACTICALS / CLINICS (IF REQUIRED): 640

M) VACATION (IF ANY)

Diwali Holidays & National Holidays

N) INFRASTRUCTURE:

SI.No.	Type of Infrastructure		Requirement
1	Hospital with separate Panchakarma Department.		Adequate
2	Building	}	Adequate
3	Classrooms		
4	Library		

O) EQUIPMENTS & INSTRUMENTS:

SI.No.	Type of Equipment & Instruments		Requirement
1	Model	}	Adequate
2	Charts		

P) SYLLABUS:

Paper – 1

1. Basic principles of Ayurved & Kayachikitsa.
2. Different modalities of treatment.
3. Drugs required for Panchakarma its identification, collection, purification & preparation
4. Types of treatment.
5. Importance of Panchakarma.
6. Purvakarma (pre-procedure) of Panchakarma.
7. Classical Panchakarma treatment. All five types in details.
8. Panchakarma Vyapatas (व्यापत्) complications and its management.

Paper – 2

1. Seasonal Panchakarma.
2. Panchakarma procedures according to the stage of a disease (Avasthika Panchakarma chikitsa).
3. Different diseases treated successfully by Panchakarma treatment.
4. Allied Procedures –
Shirobasti, shirodhara, shiropichu, shirobhyanga, netrabasti, hridbasti, katibasti, Dhumapana, Kawal, gandusha, lepa, pindasweda, pishichhil, dahana, udvartana, parishekha, padabhyanga etc. Different modifications adopted.
5. Modern aspects with reference to Panchakarma.
6. Research work in Panchakarma.
7. Panchakarma (Intensive Treatment)
8. Samsarjan Kram (संसर्जन क्रम) Diet schedule
9. Role of Panchakarma in Rasayan Chikitsa.

Q) REFERENCE BOOKS:

अनुक्रमांक	पुस्तकाचे नाव	लेखकाचे नाव
१	अष्टांगहृदय	
२	सुश्रुत संहिता	
३	चरक संहिता	
४	चरक संहिता	
५	पंचकर्म संहिता	वैद्य कस्तुरे
६	पंचकर्म संहिता	वैद्य सुलक्षणा
७	प्रात्यक्षिक पंचकर्म चिकित्सा	वैद्य वाघाळकर
८	पंचकर्म चिकित्सा विज्ञानिय	वैद्य देवराज भाग १ व २
९	प्रायोगिक पंचकर्म विज्ञान	वैद्य यादय्या
१०	केरलीय पंचकर्म चिकित्सा विज्ञान	वैद्य टि.एल.देवराज
११	पंचकर्म चिकित्सा	वैद्य टि.एल.देवराज भाग १ व २
१२	Panchakarma Therapy	Vaidya R.H.Singh
१३	Fundamental Principles of Ayurved	Vaidya C. Dwarknath
१४	व्यावहारिक पंचकर्म	वैद्य वाचासुंदर
१५	Clinical Panchakarma	Vaidya Yadayya
१६	रोग में व्याधिनुरूप पंचकर्म	वैद्य यादय्या
१७	Hestrelid Panchakarma	
१८	Panchakarma Therapy – Second Revised & Enlarged Edition - Chowkhambha Sanskrit Series	Vaidya R.H.Singh
१९	आयुर्वेदिय पंचकर्म विज्ञान	वैद्य य.गो.जोशी

R) EXAMINATION:**i) Theory – a) How many theory exams & of how many marks.**

It will consists of 2 papers, each paper will be of 100 marks. Students must get 40% mark in each paper & aggregate total should be minimum of 50%

ii) Practicals – a) How many Practicals & of how many marks.

It will be of 200 marks. It will consist of oral, practical, & clinical examination.

Practical Examination.

1. Oral	50 marks.
2. Pratyaksha Panchakarma	50 marks.
3. Instruments	50 marks.
4. Case taking (clinical exam)	
a) Long case	30 marks.
b) Short case	20 marks
	50 marks.
Total	200 Marks

A student getting 50% or more in theory & practical examinations separately will be declared pass.

S) ATTENDANCE REQUIRED FOR THE COURSE IN ORDER TO APPEAR FOR THE EXAMINATION: 75%