

MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES



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Certificate Course



Title of the Course:

***“Certificate Course in Ayurvedic
Cosmetics” (06 Months)***

SYLLABUS

Approved By :- BOS/Faculty & Academic Council

Course Name: Certificate Course in Ayurvedic Cosmetics

Aims & Objective of the Course:

- 1) To establish beauty clinic with Ayurvedic Remedies.
- 2) To replace hazardous chemicals in cosmetics.
- 3) To give scientific approach to beauticians.

Duration : 6 Months

Intake Capacity : Maximum 50 students

Fee Structure:- Fee structure is given separately.

Eligibility for Admission:

- 1) 10 + 2 (H.S.C.) or Equivalent
- 2) Beauty Therapist Preferable

Qualifications for teachers:

Regular Teacher: B.A.M.S. or teacher in following department of Ayurved College.

- 1) Rasa & Bhaishajya
- 2) Dravyaguna

Guest Teacher: (Desirable)
1) Qualified Beautician
2) Cosmetic Surgeon
3) Kayachikitsa Specialist
4) Dermatologist

Paramedical - Staff / Non- teaching employees

- 1) Clerk / Accountant : 01
- 2) Lab Assistant : 01
- 3) Peon : 01
- 4) Massagist : 02

Academic Calendar:

Ist Batch : June - Nov (Exam in Nov)

IInd Batch : Dec - May (Exam in May)

Lectures : 75 theory Lectures (Out of which min 10 lectures should be of Guest lectures)

Practical : Number of Demonstrations - 50 (Out of which min 5 lectures should be delivered by experts)

Infrastructure :

Sr. No.	Type of Infrastructure
01.	Office (500 Sq.ft.)
02.	Classroom (500 Sq.ft.)
* 03.	Library (College library shall be accessible)
* 04.	Pharmacy (College Pharmacy shall be accessible)
* 05.	Panchakarma Section (College Panchakarma section shall be accessible)
* 06.	Laboratory (Shall be provided separately)
07.	Minor O.T. (College O.T. shall be accessible)

* If the Institute is not having the * marked infrastructure facilities then, the Institute must have to seek permission from affiliated college.

Equipment & Instruments:

- 1) Equipments, instruments for Panchakarma
- 2) Instruments for General Cosmetic Surgery.
- 3) Various charts, models, specimens related with cosmetics.
- 4) Instruments for Beauty Therapy.

Teaching Aids: - Computer, LCD, and OHP

Syllabus

Theory Paper - I

(100 Marks)

- 1) Introduction of Ayurved Basic Principal
- 2) Concept of beauty in Ayurved.
- 3) Importance of health in enhancement of beauty.
- 4) Improvement of maintenance of health with Ayurvedic methods.
- 5) Basic principals of Dravyaguna vigyan
- 6) Basic principals of Rasashastra & Bhaishajya Kalpana in relation to cosmetic preparations eg. Keshya tail, Preparation of Churna, Lepa, Sneha etc.
- 7) Basic principals of Nidan & treatment with special reference to management of Kshudraroga like Khalitya, Palitya and Vipadika etc. (Hair & Skin Disorder)
- 8) Concepts of nasya, shirodhara, abhyanga swedan etc.
- 9) Yoga special Asans for improvement of beauty.

Paper - II

- 1) Study of plants useful in beauty therapy described as Keshya, Varnya, Twachya
- 2) Study of plants used for aschotan, bidalak netratarpan, netrabasti etc.
- 3) Study of dravyas useful in other beauty treatment like : abhyanga, snehan, swedan, udwartan etc.

Practical

- 1) Preparation of minimum 15 formulations like lepa, udavartana, churna and tailas mentioned in Ayurvedic Samhitas & specially used in Ayurvedic cosmetics.
- 2) Actual use of the above formulations.

Examination:

Examination will be conducted at the end of the course.

Written Examination:

It includes two papers

Paper I : 100 Marks (3 Hour)

Paper II : 50 Marks. (1 ½ Hour)

Oral / Practical Exam of 100 Marks:

1) Oral - 20 Marks

2) Lab. Practical - 40 Marks + Practical book – 10 Mark

3) Use of cosmetic techniques - 30 Marks

- Passing marks 40% in each head of passing paper & practical attendance - 80%
Minimum.

4) Record book - 10

5) Examiner – One Internal

One External given by other institute

One Surprise Visit

Compulsory minimum attendance required for the Course: 80%